

Building a healthier future together

Developing Southwark's Health and Wellbeing Board and Strategy

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A new statutory partnership

- Health and wellbeing board established as council committee on 1 April 2013, following a year in shadow form
- Statutory membership drawn from council, clinical commissioning group, public health, and representatives from health, police, Healthwatch and voluntary sector partners
- Board is required by law to:
 - Encourage integrated working for the purposes of advancing the health and wellbeing of local people, in particular use of powers to pool health budgets
 - Prepare and publish a joint strategic needs assessment (JSNA) and joint health and wellbeing strategy, on behalf of clinical commissioning group (CCG) and local authority

Our shadow year

- Board identified four workstreams through which to test and develop relationships and new ways of working
- Workstreams based on areas of common interest and high levels of local need, with each championed by a board member
- JSNA and learning so far informing emerging transitional health and wellbeing strategy priorities
- Board work has influenced key local strategic plans addressing health and wellbeing including CCG objectives and Children and Young People's Plan

Shadow workstream developments

1. Prevention and reduction of alcohol-related misuse:

- NHS Check, including alcohol screen, offered to all 40 to 70 year olds registered with GPs, alongside alcohol hubs in GPs
- Investing in earlier engagement and support, including roll-out of training on 'identification and brief advice' to frontline workers in the community
- Rates for hospital stays for alcohol-related harm for adults and under-18s are both better than the national average
- Improved compliance with licensing laws alongside action on anti-social behaviour and engaging street drinkers in treatment
- Key priority for CCG and Safer Southwark Partnership

Shadow workstream developments

2. Coping skills, mental health and wellbeing:

- Community activities and programmes, such as art and sculpture project with Art in the Park
- Investing in support for vulnerable people, including Books on Prescription, and personalised 'support planning' package in personal health budgets for those with long term conditions
- Strengthening links between physical exercise and mental wellbeing, including exercise referral scheme, with about third of clients referred because of anxiety and depression
- Launch of Lambeth and Southwark Wellbeing Network to promote mental health wellbeing messages across local agencies and communities

Shadow workstream developments

3. Early intervention and families:

- Continuing rise in standards in schools, with some 80% of primaries and 90% of secondaries judged good or outstanding by Ofsted
- Increased education and employment opportunities for young people, such as Youth Fund and apprenticeships
- Launch of early help locality teams, expanding multi-agency support from children centres, and influencing health visiting and school nursing reviews
- Investing in support for families, including children's centres' activities, parenting support and childcare

Shadow workstream developments

4. Healthy weight and exercise:

- Whole-school health promotion including roll-out of free healthy school meals to primary pupils
- Investments in Change 4 Life Clubs which promote physical activity for all ages, alongside sports and exercise in borough's parks and outdoor spaces
- Expansion of healthy eating and physical activity programmes in children's centres and early years
- Although still high, obesity rates in reception-aged pupils have fallen over recent years from 14.7% in 2009/10 to 12.1% in 2011/12; rates for year 6 remain below national benchmarks

Emerging priorities for the board

- JSNA and stakeholder engagement have helped to identify common and emerging priorities
- These are:
 - Best start for children, young people and families
 - Addressing health inequalities, particularly as result of deprivation and disadvantage
 - Helping vulnerable people be fit, healthy and independent
- These emerging priorities build on what is working locally and address shadow year learning

Best start for children and families

Strengths and opportunities we can build on:

- Above London average rates of young people in education or employment, with more in apprenticeships and Youth Fund
- More being healthier with strong sports and Olympic legacy and more school children having a healthy school meal
- Rates of youth crime and teenage conceptions falling but still too high

Our work so far has told us we need to do more to:

- Tackle inequalities in life chances for mothers, babies and toddlers
- Give help to parents to parent well and to vulnerable adolescents to make better choices

Healthier communities

Strengths and opportunities we can build on:

- More people making healthier choices, including safer drinking levels and falling adult obesity rates
- Improving local neighbourhoods, with more homes warm, safe and dry, and more repairs right first time
- Fewer people dying prematurely, with death rate in line with London average

Our work so far has told us we need to do more to:

- Reduce numbers dying from cancer, and cardiovascular and respiratory disease, and ill health from chronic conditions
- Reduce numbers of people engaging in unhealthy behaviour, including alcohol and substance misuse, and resulting consequences, including crime and domestic abuse

Fit, healthy and independent people

Strengths and opportunities we can build on:

- More elderly or vulnerable adults supported to live in own homes, and a doubling of reablement support
- Better entitlements, such as launching charter of rights and single phone number, and revamping adult day services
- More choice and control, with 90% of eligible adult users having a personal budget

Our work so far has told us we need to do more to:

- Give vulnerable or troubled children and adults, and frail elderly a safe, independent and stable local home, including more children adopted
- Provide more services in community settings, integrated to reduce the need for specialist and acute support, and giving a seamless, personalised user and carer experience

Next steps

- Building on learning from workstreams, needs assessment and achievements to date
- Work programme to deliver transitional health and wellbeing strategy, to be discussed at next health and wellbeing board meeting on 31 July
- Ongoing work to align governance across other democratic, statutory and key partnerships